

## **RUMC BACKPACK MINISTRY**

***Each bag should contain the following food items:***



*One large 15 oz can of pasta*



*One 7.25 oz box OR one 2 oz individual cup Mac and Cheese*



*One large 15 oz can hearty chicken soup*



*One granola bar (NO PEANUTS)*



*One breakfast bar (any flavor)*



*One 1.5 oz Cheez-it Crackers*



*One 1.25 oz Goldfish Crackers*



*One 2 oz package animal crackers*



*Two small boxes of cereal*



*Two apple sauce cups*



*One 3.25 oz pudding cup (any flavor)*

***PLEASE PLACE ALL ITEMS IN DOUBLE PLASTIC BAGS***

***NO FOOD ITEMS CONTAINING NUTS PLEASE***